

Where you can find support

- Domestic violence and stalking advisory centre
02151 — 1 52 20 57
- Women's advice centre
02151 — 800 571
- Men's advice centre (SKM Krefeld)
02151 — 8412 - 26
- Telephone counselling (available 24/7)
08 00 — 111 0 111
- Krefeld women's and children's refuge
(available 24/7, including on weekends)
02151 — 63 37 23
- Helpline for violence against women (available 24/7 and in 17 languages)
08000 116 016
- Helpline for violence against men
(during opening times)
08000 123 99 00



Issued by:



Krefeld network against domestic violence

Coordinated by:



Gender Equality Office of the City of Krefeld
02151 – 86 20 52



STADT KREFELD
INNOVATIV – KREATIV – WELTOFFEN

Sponsored by:

Ministerium für Kinder, Jugend, Familie,
Gleichstellung, Flucht und Integration
des Landes Nordrhein-Westfalen



Stop **violence**
Seek **safety**
Get **help**



englisch



Krefeld network against domestic violence

Domestic Violence

In your family or relationship, are you are being:

- insulted, sworn at or degraded
- punched, kicked, strangled
- locked in a room
- prevented from leaving the house
- prevented from meeting your family or friends
- threatened or put under pressure, including financial pressure
- forced to have sex
- stalked, harassed or terrorised after a separation
- threatened with death
-

You are entitled to free help and support, no matter what your nationality, world view, age, sexual orientation or religion!

You are protected by the Protection Against Violence Act

In the event of actual or impending violence, call the police.

The police take all emergency calls seriously and will send officers immediately to help you – even if you have called several times before.

In situations of acute danger, the police can remove the violent person from your home and order them to stay away for 10 days.

Police – emergency number 110

At court, you can apply for

- a restraining order (preventing the person from approaching or contacting you)
- emergency accommodation

Stop **violence**
Seek **safety**
Get **help**

Krefelder Netzwerk
gegen Häusliche Gewalt

Founded in 2006, the network is made up of over twenty institutions to support people who are affected by domestic violence and to provide concrete help.

Krefeld network against domestic violence